The Learning Cycle
Adopted from Dave Meier’s Accelerated Learning

1. Performance
   Applying the learning in a meaningful and authentic environment

2. Preparation
   Get out of the passive, resistant state, create active learners, remove barriers, arouse interest

3. Presentation
   Learners encounter the learning, based on the facilitator’s knowledge of learner needs and preferences

4. Practice
   Learner knowledge is created. 70% of total learning experience

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